



Ontario Child Health Study Emotional Behavioural Scales-Brief: Parent Version (of children/youth 4-17)

The statements below describe some of the feelings and behaviours of children and youth. For each statement, please select the response that best describes your child **now** or **within the past 6 months**. You may only select one response.

	Never or not true	Sometimes or somewhat true	Often or very true		Never or not true	Sometimes or somewhat true	Often or very true
Angry and resentful	0	1	2	Gets back at people	0	1	2
Anxious or on edge	0	1	2	Gets in many fights	0	1	2
Argues a lot with adults	0	1	2	Has been physically cruel to others	0	1	2
Can't concentrate, can't pay attention for long	0	1	2	Has difficulty awaiting turn in games or groups	0	1	2
Can't stay seated when required to do so	0	1	2	Has trouble enjoying self	0	1	2
Cruelty, bullying or meanness to others	0	1	2	Impulsive or acts without thinking	0	1	2
Destroys things belonging to his/her family or other children	0	1	2	Loses temper	0	1	2
Distractible, has trouble sticking to any activity	0	1	2	Nervous, high-strung or tense	0	1	2
Easily annoyed by others	0	1	2	Runs away from home	0	1	2
Fails to finish things he/she starts	0	1	2	Talks about killing self	0	1	2
Feels worthless or inferior	0	1	2	Too fearful or anxious	0	1	2
Fidgets	0	1	2	Unhappy, sad or depressed	0	1	2
Finds it hard to stop worrying	0	1	2				

OCHS-EBS-B Scoring Instructions

The items are scored as follow: Never or not true=0, Sometimes or somewhat true=1, Often or very true=2.

Emotional, Behavioural and Attention problem scores: Scale scores can be generated by summing together the following sets of items.

Total scale score: All 25 items can be summed together to generate a total score.

Emotional problems (8 items)

Unhappy, sad or depressed
 Finds it hard to stop worrying
 Anxious or on edge
 Has trouble enjoying self
 Nervous, high-strung or tense
 Talks about killing self
 Feels worthless or inferior
 Too fearful or anxious

Behavioural problems (10 items)

Angry and resentful
 Gets back at people
 Argues a lot with adults
 Gets in many fights
 Has been physically cruel to others
 Cruelty, bullying or meanness to others
 Destroys things belonging to their family or other children
 Loses temper
 Easily annoyed by others
 Runs away from home

Attention problems (7 items)

Can't concentrate, can't pay attention for long
 Can't stay seated when required to do so
 Impulsive or acts without thinking
 Distractible, has trouble sticking to any activity
 Fails to finish things they start
 Fidgets
 Has difficulty awaiting turn in games or groups