



Ontario Child Health Study Emotional Behavioural Scales- Brief: Parent Version (of children/youth 4-17)

The statements below describe some of the feelings and behaviours of children and youth. For each statement, please select the response that best describes your child **now or within the past 6 months**. You may only select one response.

	Never or not true	Sometimes or somewhat true	Often or very true		Never or not true	Sometimes or somewhat true	Often or very true
Angry and resentful	0	1	2	Gets back at people	0	1	2
Anxious or on edge	0	1	2	Gets in many fights	0	1	2
Argues a lot with adults	0	1	2	Has been physically cruel to others	0	1	2
Can't concentrate, can't pay attention for long	0	1	2	Has difficulty awaiting turn in games or groups	0	1	2
Can't stay seated when required to do so	0	1	2	Has trouble enjoying self	0	1	2
Cruelty, bullying or meanness to others	0	1	2	Impulsive or acts without thinking	0	1	2
Destroys things belonging to his/her family or other children	0	1	2	Loses temper	0	1	2
Distractible, has trouble sticking to any activity	0	1	2	Nervous, high-strung or tense	0	1	2
Easily annoyed by others	0	1	2	Runs away from home	0	1	2
Fails to finish things he/she starts	0	1	2	Talks about killing self	0	1	2
Feels worthless or inferior	0	1	2	Too fearful or anxious	0	1	2
Fidgets	0	1	2	Unhappy, sad or depressed	0	1	2
Finds it hard to stop worrying	0	1	2				

OCHS-EBS-B Scoring Instructions

The items are scored as follow: Never or not true=0, Sometimes or somewhat true=1, Often or very true=2.

Emotional, Behavioural and Attention problem scores: Scale scores can be generated by summing together the following sets of items.

Total scale score: All 25 items can be summed together to generate a total score.

Emotional problems (8 items)

Unhappy, sad or depressed

Finds it hard to stop worrying

Anxious or on edge

Has trouble enjoying self

Nervous, high-strung or tense

Talks about killing self

Feels worthless or inferior

Too fearful or anxious

Behavioural problems (10 items)

Angry and resentful

Gets back at people

Argues a lot with adults

Gets in many fights

Has been physically cruel to others

Cruelty, bullying or meanness to others

Destroys things belonging to their family or other children

Loses temper

Easily annoyed by others

Runs away from home

Attention problems (7 items)

Can't concentrate, can't pay attention for long

Can't stay seated when required to do so

Impulsive or acts without thinking

Distractible, has trouble sticking to any activity

Fails to finish things they start

Fidgets

Has difficulty awaiting turn in games or groups