

Ontario Child Health Study

Emotional Behavioural Scales: Teacher Version (of children 4-13)



The statements below describe some of the feelings and behaviours of students. For each statement, please select the response that best describes this student **now** or **within the past 6 months**. You may only select one response.

	Never or not true	Sometimes or somewhat true	Often or very true		Never or not true	Sometimes or somewhat true	Often or very true
Afraid of doing things in front of others	0	1	2	Gets in many fights	0	1	2
Angry and resentful	0	1	2	Gets no pleasure from usual activities	0	1	2
Anxious or on edge	0	1	2	Has been physically cruel to others	0	1	2
Argues a lot with adults	0	1	2	Has difficulty awaiting turn in games or groups	0	1	2
Avoids social situations	0	1	2	Has trouble enjoying self	0	1	2
Blames others for own mistakes	0	1	2	Impulsive or acts without thinking	0	1	2
Can't concentrate, can't pay attention for long	0	1	2	Is nervous with people he/she doesn't know	0	1	2
Can't stay seated when required to do so	0	1	2	Loses temper	0	1	2
Cruelty, bullying or meanness to others	0	1	2	Makes careless mistakes	0	1	2
Destroys things belonging to others	0	1	2	Nervous, high-strung or tense	0	1	2
Distractible, has trouble sticking to any activity	0	1	2	Overtired or lacks energy	0	1	2
Doesn't like to be with people he/she doesn't know	0	1	2	Runs away from home	0	1	2
Easily annoyed by others	0	1	2	Steals	0	1	2
Fails to finish things he/she starts	0	1	2	Too fearful or anxious	0	1	2
Feels worthless or inferior	0	1	2	Truancy or unexplained absences	0	1	2
Fidgets	0	1	2	Unhappy, sad or depressed	0	1	2
Finds it hard to stop worrying	0	1	2	When anxious, his/her mind goes blank	0	1	2
Gets anxious about meeting new people	0	1	2	Worries about doing better at things	0	1	2
Gets back at people	0	1	2				

OCHS-EBS Scoring Instructions

The items are scored as follow: Never or not true=0, Sometimes or somewhat true=1, Often or very true=2.

Individual disorder scale scores: Item scores can be summed together for the following item sets to generate scale scores for the following seven disorders.

Internalizing and Externalizing scale scores: All externalizing and internalizing item scores can be summed together to generate scale scores for these two disorder groupings.

Total scale score: All 37 items can be summed together to generate a total score.

Externalizing

Conduct Disorder (7 items)

Cruelty, bullying or meanness to others
Destroys things belonging to others
Gets in many fights
Has been physically cruel to others
Runs away from home
Steals
Truancy or unexplained absences

Opposition Defiant Disorder (6 items)

Angry and resentful
Argues a lot with adults
Blames others for own mistakes
Easily annoyed by others
Gets back at people
Loses temper

Attention Deficit Hyperactivity Disorder (8 items)

Can't concentrate, can't pay attention for long
Can't stay seated when required to do so
Distractible, has trouble sticking to any activity
Fails to finish things he/she starts
Fidgets
Has difficulty awaiting turn in games or groups
Impulsive or acts without thinking
Makes careless mistakes

Internalizing

Major Depressive Disorder (5 items)

Feels worthless or inferior
Gets no pleasure from usual activities
Has trouble enjoying self
Overtired or lacks energy
Unhappy, sad or depressed

Generalized Anxiety Disorder (6 items)

Anxious or on edge
Finds it hard to stop worrying
Nervous, high-strung or tense
Too fearful or anxious
When anxious, his/her mind goes blank
Worries about doing better at things

Social Phobia/Social Anxiety Disorder (5 items)

Afraid of doing things in front of others
Avoids social situations
Doesn't like to be with people he/she doesn't know
Gets anxious about meeting new people
Is nervous with people he/she doesn't know