

## Ontario Child Health Study Emotional Behavioural Scales: Parent Version (of youth 4-17)

The statements below describe some of the feelings and behaviours of children and youth. For each statement, please select the response that best describes your child **now or within the past 6 months**. You may only select one response.

	Sometimes				Sometimes	
Never or not true	or somewhat true	Often or very true		Never or not true	or somewhat true	Often or very true
0	1	2	Has broken into someone else's house, building or car	0	1	2
0	1	2	games or groups	0	1	2
0	1	2	Has nightmares about being separated from loved ones	0	1	2
0	1	2	Has trouble enjoying self	0	1	2
0	1	2	thinking	0	1	2
0	1	2	ls nervous with people he/she doesn't know	0	1	2
0	1	2	Loses temper	0	1	2
0	1	2	Makes careless mistakes	0	1	2
0	1	2	Nervous, high-strung or tense	0	1	2
0	1	2	Overly upset when leaving loved ones	0	1	2
0	1	2	Overtired or lacks energy	0	1	2
0	1	2	Runs away from home	0	1	2
0	1	2	Scared to go to sleep without parents being near	0	1	2
0	1	2	Sets fires	0	1	2
0	1	2	Stays out at night despite being told not to	0	1	2
0	1	2	Steals outside the home	0	1	2
0	1	2	Talks about killing self	0	1	2
0	1	2	Too fearful or anxious	0	1	2
0	1	2	Trouble sleeping	0	1	2
0	1	2	Truancy, skips school	0	1	2
0	1	2	Unhappy, sad or depressed	0	1	2
0	1	2	Uses weapons when fighting	0	1	2
0	1	2	When anxious, his/her mind goes blank	0	1	2
0	1	2	Worries about doing better at things	0	1	2
0	1	2	Worries that bad things will happen to loved ones	0	1	2
0	1	2	Worries that something bad will	0	1	2
	or not   0 <td>or not true or somewhat true   0 1   0<!--</td--><td>Never or not true or somewhat true Offen of very true   0 1 2   <td< td=""><td>Never or or somewhator very trueor very true012Has broken into someone else's house, building or car012Has difficulty awaiting turn in games or groups012Has nightmares about being separated from loved ones012Has trouble enjoying self012Impulsive or acts without thinking012Is nervous with people he/she doesn't know012Loses temper012Nervous, high-strung or tense012Overly upset when leaving loved ones012Scared to go to sleep without parents being near012Scared to go to sleep without parents being near012Statys out at night despite being told not to012Too fearful or anxious012Trouble sleeping012Unhappy, sad or depressed012Uses weapons when fighting012Uses weapons when fighting012Uses weapons when fighting self012Uses weapons when fighting012Uses weapons when fighting012Uses weapons when fighting012Uses weapons when fighting012Uses weapons when 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## **OCHS-EBS Scoring Instructions**

The items are scored as follow: Never or not true=0, Sometimes or somewhat true=1, Often or very true=2.

**Individual disorder scale scores:** Item scores can be summed together for the following item sets to generate scale scores for the following seven disorders.

**Internalizing and Externalizing scale scores:** All externalizing and internalizing item scores can be summed together to generate scale scores for these two disorder groupings.

Total scale score: All 52 items can be summed together to generate a total score.

## **Externalizing**

<u>Conduct Disorder (11 items)</u> Cruelty, bullying or meanness to others Destroys things belonging to his/her family or other children Gets in many fights Has been physically cruel to others Has broken into someone else's house, building or car Runs away from home Sets fires Stays out at night despite being told not to Steals outside the home Truancy, skips school Uses weapons when fighting

Opposition Defiant Disorder (6 items) Angry and resentful Argues a lot with adults Blames others for own mistakes Easily annoyed by others Gets back at people Loses temper

Attention Deficit Hyperactivity Disorder (8 items) Can't concentrate, can't pay attention for long Can't stay seated when required to do so Distractible, has trouble sticking to any activity Fails to finish things he/she starts Fidgets Has difficulty awaiting turn in games or groups Impulsive or acts without thinking

Impulsive or acts without thinking Makes careless mistakes Internalizing Major Depressive Disorder (9 items) Changes in appetite Deliberately harms self or attempts suicide Feels worthless or inferior Gets no pleasure from usual activities Has trouble enjoying self Overtired or lacks energy Talks about killing self Trouble sleeping Unhappy, sad or depressed

<u>Generalized Anxiety Disorder (6 items)</u> Anxious or on edge Finds it hard to stop worrying Nervous, high-strung or tense Too fearful or anxious When anxious, his/her mind goes blank Worries about doing better at things

## Separation Anxiety Disorder (7 items)

Avoids school because of fear of separation from loved ones Complains of feeling sick before separating from loved ones Has nightmares about being separated from loved ones Overly upset when leaving loved ones Scared to go to sleep without parents being near Worries that bad things will happen to loved ones Worries that something bad will cause separation from loved ones

Social Phobia/Social Anxiety Disorder (5 items) Afraid of doing things in front of others Avoids social situations Doesn't like to be with people he/she doesn't know Gets anxious about meeting new people Is nervous with people he/she doesn't know

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