



Ontario Child Health Study

Emotional Behavioural Scales: Parent Version (of youth 4-17)

The statements below describe some of the feelings and behaviours of children and youth. For each statement, please select the response that best describes your child now or within the past 6 months. You may only select one response.

	Never or not true	Sometimes or somewhat true	Often or very true		Never or not true	Sometimes or somewhat true	Often or very true
Afraid of doing things in front of others	0	1	2	Has broken into someone else's house, building or car	0	1	2
Angry and resentful	0	1	2	Has difficulty awaiting turn in games or groups	0	1	2
Anxious or on edge	0	1	2	Has nightmares about being separated from loved ones	0	1	2
Argues a lot with adults	0	1	2	Has trouble enjoying self	0	1	2
Avoids school because of fear of separation from loved ones	0	1	2	Impulsive or acts without thinking	0	1	2
Avoids social situations	0	1	2	Is nervous with people he/she doesn't know	0	1	2
Blames others for own mistakes	0	1	2	Loses temper	0	1	2
Can't concentrate, can't pay attention for long	0	1	2	Makes careless mistakes	0	1	2
Can't stay seated when required to do so	0	1	2	Nervous, high-strung or tense	0	1	2
Changes in appetite	0	1	2	Overly upset when leaving loved ones	0	1	2
Complains of feeling sick before separating from loved ones	0	1	2	Overtired or lacks energy	0	1	2
Cruelty, bullying or meanness to others	0	1	2	Runs away from home	0	1	2
Deliberately harms self or attempts suicide	0	1	2	Scared to go to sleep without parents being near	0	1	2
Destroys things belonging to his/her family or other children	0	1	2	Sets fires	0	1	2
Distractible, has trouble sticking to any activity	0	1	2	Stays out at night despite being told not to	0	1	2
Doesn't like to be with people he/she doesn't know	0	1	2	Steals outside the home	0	1	2
Easily annoyed by others	0	1	2	Talks about killing self	0	1	2
Fails to finish things he/she starts	0	1	2	Too fearful or anxious	0	1	2
Feels worthless or inferior	0	1	2	Trouble sleeping	0	1	2
Fidgets	0	1	2	Truancy, skips school	0	1	2
Finds it hard to stop worrying	0	1	2	Unhappy, sad or depressed	0	1	2
Gets anxious about meeting new people	0	1	2	Uses weapons when fighting	0	1	2
Gets back at people	0	1	2	When anxious, his/her mind goes blank	0	1	2
Gets in many fights	0	1	2	Worries about doing better at things	0	1	2
Gets no pleasure from usual activities	0	1	2	Worries that bad things will happen to loved ones	0	1	2
Has been physically cruel to others	0	1	2	Worries that something bad will cause separation from loved ones	0	1	2

OCHS-EBS Scoring Instructions

The items are scored as follow: Never or not true=0, Sometimes or somewhat true=1, Often or very true=2.

Individual disorder scale scores: Item scores can be summed together for the following item sets to generate scale scores for the following seven disorders.

Internalizing and Externalizing scale scores: All externalizing and internalizing item scores can be summed together to generate scale scores for these two disorder groupings.

Total scale score: All 52 items can be summed together to generate a total score.

Externalizing

Conduct Disorder (11 items)

Cruelty, bullying or meanness to others
 Destroys things belonging to his/her family or other children
 Gets in many fights
 Has been physically cruel to others
 Has broken into someone else's house, building or car
 Runs away from home
 Sets fires
 Stays out at night despite being told not to
 Steals outside the home
 Truancy, skips school
 Uses weapons when fighting

Opposition Defiant Disorder (6 items)

Angry and resentful
 Argues a lot with adults
 Blames others for own mistakes
 Easily annoyed by others
 Gets back at people
 Loses temper

Attention Deficit Hyperactivity Disorder (8 items)

Can't concentrate, can't pay attention for long
 Can't stay seated when required to do so
 Distractible, has trouble sticking to any activity
 Fails to finish things he/she starts
 Fidgets
 Has difficulty awaiting turn in games or groups
 Impulsive or acts without thinking
 Makes careless mistakes

Internalizing

Major Depressive Disorder (9 items)

Changes in appetite
 Deliberately harms self or attempts suicide
 Feels worthless or inferior
 Gets no pleasure from usual activities
 Has trouble enjoying self
 Overtired or lacks energy
 Talks about killing self
 Trouble sleeping
 Unhappy, sad or depressed

Generalized Anxiety Disorder (6 items)

Anxious or on edge
 Finds it hard to stop worrying
 Nervous, high-strung or tense
 Too fearful or anxious
 When anxious, his/her mind goes blank
 Worries about doing better at things

Separation Anxiety Disorder (7 items)

Avoids school because of fear of separation from loved ones
 Complains of feeling sick before separating from loved ones
 Has nightmares about being separated from loved ones
 Overly upset when leaving loved ones
 Scared to go to sleep without parents being near
 Worries that bad things will happen to loved ones
 Worries that something bad will cause separation from loved ones

Social Phobia/Social Anxiety Disorder (5 items)

Afraid of doing things in front of others
 Avoids social situations
 Doesn't like to be with people he/she doesn't know
 Gets anxious about meeting new people
 Is nervous with people he/she doesn't know