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Ontario Child Health Follow Up Study Youth Self-report (For ages 12 to 16)



Part A:

Below is a list of statements that describe some of the feelings and behaviour of kids and young people. For each statement, please mark the circle that best describes you now or within the past 6 months.

Please mark only one of the three circles for each statement. Mark your answers like this ⊗.

	Never or Not true	Sometimes or Somewhat true	Often or Very true		Never or Not true	Sometimes or Somewhat true	Ofter or Very true
l act too young for my age	001 🔘	002	003 🔘	I don't get along with other kids	076	077 🔵	078
I have an allergy	004 🔵	005	006 🔘	I don't feel guilty after doing	079	080	081
largue a lot	007 🔵	008	009 🔘	something I shouldn't	082	083	Ŭ
I have asthma	010 🔘	011	012 🔵	I am jealous of others	002	003 (084
I like animals	013 🔘	014 🔵	015 🔘	l am willing to help others when they need help	085 🔘	086 🔵	087
l brag	016 🔾	017 🔘	018	l am afraid of certain animals, situations, or places, other than school	088	089	090
I have trouble concentrating or paying attention	019 🔘	020 🔘	021 🔘	I am afraid of going to school	091	092	093
I can't get my mind off certain thoughts	022 🔘	023 🔘	024 🔵	I am afraid I might think or do something bad	094	095 🔵	096
I have trouble sitting still	025 🔵	026 🔵	027 🔵	feel that have to be perfect	097	098	099
I'm too dependent on adults	028 🔵	029 🔵	030 🔘	I feel that no one loves me	100 🔘	101 🔘	102 C
				I feel that others are out to get me	103 🔘	104 🔿	105
feel lonely	031 🔾	032	033 🔘		105	107	
feel confused or in a fog	034 🔵	035 🔘	036 🔾	I feel worthless or inferior	106	107 🔾	108
cry a lot	037 🔘	038	039 🔘	l accidently get hurt a lot	109 🔾	110 🔾	111 (
am pretty honest	040 🔵	041	042 🔾	I get in many fights	112 🔾	113 ()	114
am mean to others	043	044 🔾	045 🔘	I get teased a lot	115	116 🔾	117
am mean to animals	046	047	048	I hang around with kids who get in trouble	118 🔘	119 🔘	120
I day dream a lot	049	050 🔘	051	I hear things that nobody else seems	0		6
deliberately try to hurt or kill				able to hear	121 🔾	122 🔾	123
myself	052	053	054 🔘	l act without stopping to think	124 🔾	125 🔾	126
try to get a lot of attention	055 🔘	056	057 🔘	I like to be alone	127 🔾	128	129
destroy my own things	058	059	060 🔘	I lie and cheat	130	131 🔾	132
				lam nervous or tense	133	134	135 🔘
destroy things belonging to others	061	062 🔘	063 🔘	Parts of my body twitch or make nervous movements	136 🔘	137 🔘	138
damage schools or other property	064 🔵	065 🔘	066 🔘	I have nightmares	139 🔘	140 🔘	141
disobey my parents	067 🔾	068	069 🔘	I am not liked by other kids	142 🔘	143	144
disobey at school	070 🔾	071	072 🔾	I can do certain things better than most kids	145 🔵	146	147
don't eat as well as I should	073 🔘	074	075	I am too fearful or anxious	148	149	150

	Never or Not true	Sometimes or Somewhat true	Often or Very true		Never or Not true	Sometimes or Somewhat true	Often or Very true
					247	248	249
I feel dizzy ·····	151 🔾	152 🔾	153 🔾	I can work well with my hands	247 🔾	Ü	
I feel too guilty	154	155 🔾	156 🔾	I show off or clown •·····	250	251 🔾	252 🔾
leat too much	157	158 🔾	159 🔘	lam shy	253 🔘	254	255
I feel overtired	160 (161 🔵	162 🔘	I sleep less than most kids	256 🔵	257 🔾	258
lam overweight	166	167	168	I sleep more than most kids during day and/or night	259	260	261
I physically attack people	,00	10, 0	100 0	day and/or riight	Ŭ	Ü	
Physical problems without known medical cause:				I have a good imagination	262	263	264
a. Aches or pains	169	170	171	I have a speech problem	265	266	267
b. Headaches	172	173	174 🔘	I stand up for my rights	268	269	270
c. Nausea, feel sick	175 🔘	176 🔘	177 🔘	I steal things at home	271	272 🔾	273
d. Problems with eyes	178	179	180				
e. Rashes or other skin problems	181	182	183	I steal things from places other than home	274 🔵	275 🔘	276 🔾
f. Stomachaches or cramps	184	185	186				
g Vomiting, throwing up	187 🔵	188	189	I store up things I don't need	277 🔾	278 🔾	279 🔿
h. Difficulty swallowing	190 🔵	191 🔘	192 🔵	I do things other people think are strange	280	281	282
i. Fainting or loss of conclousness	193 🔘	194 🔘	195	I have thoughts that other people	283	284	285
j. Paralysis or muscle weakness	196	197 🔘	198	would think are strange	-	_	-
k. Heart palpitations	199	200 🔘	201	lam stubborn	286	287	288
I pick my skin or other parts of my body	202	203	204	My moods or feelings change suddenly	289 🔘	290 🔘	291
•	205	206					
I can be pretty friendly	_	_	207 🔘	I enjoy being with other people	292	293	294
I like to try new things	208	209	210	I am suspicious	295 🔵	296 🔘	297
My school work is poor	211	212	213	I swear or use dirty language	298 🔵	299 🔘	300 🔘
I am poorly coordinated or clumsy	214	215	216	I think about killing myself	301	302 🔵	303 🔘
				I like to make others laugh	304 🔵	305 🔵	306
I would rather be with older kids than with kids my own age	217 🔘	218	219		207.	208	200
I would rather be with younger kids	220	221	222	I talk too much	307 🔾	308	309
than with kids my own age	223			I tease others a lot	310	311 🔾	312 🔾
I refuse to talk	225	224	225	I have a hot temper	313 🔘	314 🔵	315 🔘
I repeat certain actions over and over	226 🔾	227 🔘	228	I threaten to hurt people	316	317 🔵	318
I run away from home	229 🔵	230 🔵	231 🔵	I like to help others	319 🔘	320 🔵	321 🔵
I scream a lot	232 🔾	233	234 🔘	I am too concerned about being neat	222	332	324
I am secretive or keep things to myself	235 🔵	236	237 🔵	or clean	322 🔾	323 🔾	324 🔾
I see things that nobody else seems	238	239	240	I have trouble sleeping		Ŭ	Ŭ
able to see				Cut classes or skip school	328	329 🔘	330 🔾
embarassed	241	242 🔘	243	I don't have much energy	331 🔾	332	333 🔾
I set fires	244	245 🔵	246	I am unhappy, sad or depressed	334 🔵	335 🔵	336

	Never	Sometimes	Often		Never	Sometimes	Often
	or Not true	or Somewhat true	or Very true		or Not true	or Somewhat true	or Very true
I am louder than other kids	337 🔵	338	339 🔵	I have a poor appetite, am not hungry	379 🔘	380	381
I use alcohol or drugs other than for medical conditions.	340 🔘	341 🔵	342 🔵	I feel that my health should be better ··	382 🔘	383	384 🔵
I try to be fair to others	343 🔘	344 🔵	345 🔵	I worry that something bad will happen to people I am close to	385 🔘	386	387
l enjoy a good joke	346 🔘	347 🔘	348	lam cranky	388	389 🔘	390 🔘
I like to take life easy	349 🔵	350 🔘	351	I bite my fingernails	391	392 🔵	393
				I have trouble enjoying myself	394 🔵	395 🔵	396 🔘
I try to help other people when I can	352 🔵	353 🔘	354 🔵				
I keep from getting involved with others	355 🔘	356	357 🔵	I worry a lot about my health	397 🔵	398	399 🔘
I worry a lot	358	359	360	I have difficulty awaiting my turn in games or groups	400 🔘	401 🔵	402 🔘
I become overly upset when leaving		Ŭ	Ŭ	I worry about doing the wrong thing	403 🔘	404 🔵	405 🔿
someone I am close to	361	362	363 🔘	I cannot keep friends	406 🔵	407 🔵	408
I become overly upset while away from someone I am close to	364	365	366	I fidget	409 🔘	410 🔘	411 🔾
		· ·		l am constipated, have trouble moving my bowels	412 🔘	413 🔘	414 🔘
I see myself as more unwell or sickly than I really am	367	368	369	I have trouble listening	415	416	417
I worry that terrible things might	370	371	372	Liump from one activity to another	418	419	420 🔾
happen		_	_	I worry about being separated from			
Tam not as happy as other children	373	374	375	those I'm close to	421 🔘	422 🔘	423 🔘
I am easily distracted, have difficulty sticking to any activity	376	377 🔘	378	I worry about whether I did right or wrong in the past	424 🔘	425 🔵	426

PLEASE BE SURE YOU HAVE MARKED ONE CIRCLE FOR EACH STATEMENT

Part B:						
The following questions as answer you think comes close	sk about y sest. Mark	our feeling	gs, friendsh ers like this	nips and soc ⊗.	ial ac	ctivities. For each question, please mark the
427. The following statements of mark whether you strongly a	escribe peop	les' feelings.	For each stat	ement please	431.	During the past 6 months, how well have you gotter along with your teacher(s) at school?
man memer you shongly t	Strongly			Strongly		1 O Very well, no problems
	Agree	Agree	Disagree	Disagree		2 Quite well, hardly any problems
						Pretty well, occasional problems
a) On the whole, I am satisfied with myself	01 🔘	02 🔘	03 🔘	04 🔘		4 O Not too well, frequent problems
b) At times I think I am no			_			5 Not well at all, constant problems
good at all	05 🔘	06 🔾	07 🔾	08 🔘		6 Not in school
c) I feel that I have a number of good						
qualities	09 🔘	10 🔘	11 O	12 🔘	432.	During the past 6 months, how well have you gotter
d) I am able to do things as well as most other						along with the family?
people	13 🔘	14 🔘	15 🔘	16 🔘		Very well, no problems
e) I feel I do not have much	17 🔾		19 🔘	20.		2 Quite well, hardly any problems
to be proud of	" (18 🔵	,, (20 🔘		Pretty well, occasional problems
f) I certainly feel useless at times	21 🔘	22 🔿	23 🔘	24 🔿		4 Not too well, frequent problems
g) I feel that I am a person						Not well at all, constant problems
of worth, at least on an equal level with others	25 🔘	26 🔘	27 🔿	28 🔘	422	University districts the first section of the section 174
h) I wish I could have more				_	433.	How well do you do in sports compared to other kids your age?
respect for myself	29 🔘	30 🔘	31 🔘	32 🔘		¹ O Way below average
i) All in all, I am inclined to feel that I am a failure	33 🔘	34 🔿	35 🔘	36 🔘		² O Below average
	<i>"</i> O	<i>y</i> 0	70			³ O Average
j) I take a positive attitude towards myself	37 🔘	38 🔘	39 🔘	40 🔘		⁴ O Above average
428. About how many days a wee	ok do vou do t	hings with fr	iends?			⁵ O Way above average
1 O Never		gs 				
² O 1 day a week					434.	During the past year, how many times a week did you participate in sports?
3 O 2-3 days a week						1 O Less than once a week
4 O 4-5 days a week						² 1-3 times a week
5 O 6-7 days a week						3 O 4 or more times a week
429. About how many close friend	ds do you hav	e?			435.	Outside of regular physical education classes, did you
1 None						take part in any sports during the past year which involved adult coaching or instruction?
2 0 1						
3 O 2 or 3						1 O Yes How many such
4 O 4 or 5						sports did you take part in?
⁵ O 6 or more						<u> </u>
430. During the past 6 months, h	ow well have	you gotten	along with ot	her kids, such	436.	For activities such as music, dance, art and individual hobbies, how well do you do compared to other kids
Very well, no problem	<					yourage?
2 Quite well, hardly any						 Way below average Below average
3 Pretty well, occasiona						3 O Average
					100	

4 O Above average

⁵ Way above average

4 O Not too well, frequent problems

⁵ O Not well at all, constant problems

437.	During the past year, how many times a week did you participate in music, dance or other non-sport activities?	447. On average, how many hours a day do you watch T.V.?
	1 O Less than once a week	1 O More than 6 hours a day
	² O 1-3 times a week	² O 4-6 hours a day
	³ O 4 or more times a week	
438.	Outside of regular classes in school, did you take any lessons or	3 O 1-3 hours a day
430.	instruction during the past year in music, dance, or other non-sport activities?	4 O Less than one hour a day
	activities:	5 O Never or almost never
	1 O Yes How many such activities	THE FOLLOWING QUESTIONS ASK ABOUT YOUR HEIGHT AND WEIGHT
	did you take lessons or instruction in?	THE FOLLOWING QUESTIONS ASK ABOUT FOOR HEIGHT AND WEIGHT
		This provides asked to the standard of the sta
439.	During the past year did you belong to any clubs or groups with adult leadership such as cubs, scouts, brownies, a church group or	448. This question asks about your height. If you are answering in feet and inches, you only need to complete part A. If you are answering in
	community programs?	centimetres you only need to complete part B. What is your height?
	¹ O Yes	
	² ○ No → Go to 442	A. OR B.
440.	How many such clubs or groups did you belong to?	ft./inches. centimetres
110.	Trow many such class of groups and you belong to	
		449. This question asks about your weight. If you are answering in pounds you only need to complete part A. If you are answering in kilograms
441.	During the past year, how many times a week did you attend	you only need to complete part B. What is your weight?
441.	meetings at these clubs or groups?	
	1 O Less than once a week	A. OR B.
	² O 1-2 times a week	pounds kilograms
	3 O 3 or more times a week	pounds and an arrangement of the control of the con
442.	In the past year, did you work on any hobbies during your spare time	
	(other than school or watching T.V.)?	450. In the last 6 months have you thought that you were too fat or in danger of getting too fat.
	Yes	¹ O Yes
	² No Go to 444	¹ O Yes
443	How many times a week did you work at your hobbies?	² O No
	1 O Less than once a week	
	² O 1-2 times a week	451. In the last 6 months have you lost a lot of weight – that is, 15 pounds or more, either by dieting or without meaning to?
	3 O 3 or more times a week	10 %
		¹ 🔘 Yes
444.	How often do you go to religious services?	² O No
	1 O Almost every week	
	2 Cless than every week but more than just on holidays	452. In the last 6 months did you think that you were overweight when other people such as your parents or friends said that you had gotten
	3 Only on holidays or special occasions	too thin?
	4 Never, almost never	¹ O Yes
445.	Do you ever read books or magazines for fun (not just for school)?	² O No
	¹ O Yes	² O No
	² ○ No → Go to 447	453. This question asks about your lowest weight in the last 6 months. If
		you are answering in pounds you only need to complete part A. If you are answering in kilograms you only need to complete part B. What
446.	On average, how often do you read for fun?	was your lowest weight in the last 6 months?
	1 O Every day	
	2 1-6 times a week 3 1-4 times a month	A. OR B.
	4 Cless than once a month	pounds kilograms
	5 Almost never	

Part	t C	462.	In the past 6 months have you lived with or had regular contact with your mother?
454.	Since last September, do you think that you have had any emotional or behavioural problems? 1 Yes		1 O Yes 2 O No ——————————————————————————————————
	2 ○ No — → Go to 460	463.	How often have you and your mother quarrelled? Never or rarely
455.	During that time, did you tend to have more emotional or behavioural problems than other boys/girls your age? 1 Yes		2 O Sometimes 3 O Often
456.	Do you think you need or needed professional help with these problems?	464.	How often has your mother scolded or criticized you in the last 6 months? 1 O Never or rarely 2 O Sometimes
	O Yes O No		3 Often
457.	Did you receive any professional help with these problems? 1 O Yes	465.	Even when the two of you quarrel, how sure are you that your mother still cares about you? 1 Very sure 2 Pretty sure
458.	Is professional help available where you live? 1 O Yes		3 O Not too sure
	2 O No 3 O Don't know	466.	In the past 6 months have you lived with or had regular contact with your father? 1 Yes 2 No Go to 470
459.	What is the main reason you did not receive any professional help with these problems? (choose one from list below) I didn't want to go for help Problems not severe enough My parent(s) opposed me going for help Help wouldn't do any good	467.	How often have you and your father quarrelled? 1 Never or rarely 2 Sometimes 3 Often
	Previous help not useful Help too far away Transportation is a problem Some other reason (Please write it down)	468.	How often has your father scolded or criticized you in the last 6 months? 1 O Neveror rarely 2 O Sometimes 3 O Often
		469.	Even when the two of you quarrel, how sure are you that your father still cares about you? 1 Very sure
460.	yourself or your problems? 1 O Yes		 2 Pretty sure 3 Not too sure
	² O No ——————————————————————————————————	470.	In the past 6 months have you lived with or had regular contact with your brothers or sisters?
461.	(Mark all that apply) Parent/guardian Brother/sister		Yes One of the following following the following follow
	Other family member Friend	471.	How often have you and your brothers or sisters quarrelled?
	5 O Teacher		Never or rarely
	 Other professional Someone else 		2 Osmetimes 3 Often

472. How often have y the last 6 months? 1 O Never or rar 2 O Sometimes 3 O Often	our brothers or sisters scolded or criticized you in ely	482.	Since last September, have you tried or smoked any cigarettes or cigars? 1 O Yes 2 O No Go to 487
473. Even when you an they still care about Very sure Pretty sure 3 Not too sure		483.	Since last September, have you smoked every day for a month or longer? 1 O Yes 2 O No Go to 486
474. In the past 6 mor relatives or adults	nths have you had regular contact with older with whom you feel close? Go to 478	484.	On average, were you smoking 10 or more cigarettes a day during that period? 1 O Yes 2 O No
1 O Never or rar 2 O Sometimes	ou and these relatives or adults quarrelled? ely	463.	Since last September, have you tried hard to quit or reduce your smoking? 1 O Yes 2 O No
3 Often 476. How often have the last 6 months? 1 Never or rar 2 Sometimes	nese relatives or adults scolded or criticized you in ely	486.	At the present time how many cigarettes do you smoke each day?
3 Often	id these relatives or adults quarrel, how sure are bout you?	487.	Have you ever had three or more drinks of beer, wine or other alcoholic beverage such as rum, whiskey, etc. at one time? (a drink means one 12 oz. bottle of beer, one 5 oz. glass of wine or 1½ oz. shot of liquor) 1 Yes 2 No Go to 489
478. Since last Septemb anything you migh or something else? 1 O Yes 2 No	er, have you been questioned by the police about t have done such as stealing, damaging property,	488.	How old were you the first time you had three or more drinks of alcohol at one time? Age
479. Since last Septemb court for anything 1 Yes 2 No	er, have you been to Juvenile Court or some other you have done?	489.	Since last September, have you drank any beer, wine or other alcoholic beverage, not counting drinks given to you by your parents on special occasions? 1 Yes 2 No Go to 495
480. Have you ever smo	ked cigarettes everyday for a month or longer? Go to 482	490.	Since last September, have you had at least one drink of beer, wine or other alcoholic beverage four or more weeks in a row?. 1 Yes 2 No
481. How old were you a month or longer?	the first time you smoked cigarettes everyday for	491.	Since last September, did you have three or more drinks of beer, wine or other alcoholic beverages at one time? 1 Yes 2 No

492.	Have you been drunk at any time since last September? Yes			496.	6. Altogether, how many times in the past 6 months did you use any of the kinds of drugs listed in question 495?				
	² O No				99 ○ Never → Go to 498 OR				
493.	Have you ever worried that you drink too muc	ch?			Number of times				
	² O No			497.	97. Have you ever worried that you used these kinds of drugs too much? 1 Yes				
494.	At the present time how often do you drin alcoholic beverages?	nk beer, w	ine or other		² O No				
	1 O I do not drink								
	2 C Less than once a week			498.	In the last 6 months, have any of the followin	g drugs beer	prescribed		
	3 Once a week				for you by a doctor?				
	4 2-3 times a week					Yes	No		
	5 4 or more times a week				Tranquilizers or nerve pills to make you		-		
495.	From the following list, mark "Yes" for those	druas vou	have used in		calm and relaxed	01 🔾	02 🔘		
	From the following list, mark "Yes" for those the last 6 months and "No" for those drugs yo past 6 months.	ou havé no	t used in the		Sleeping pills	03 🔾	04 🔘		
					Stimulant pills to keep you awake and alert	05 🔾	06 🔾		
		Yes	No		Antibiotics	07 🔾	08 🔘		
	Marijuana, hashish, pot grass	01 🔘	02 🔘		Pain relievers	09 🔘	10 🔾		
	Amphetamines, stimulants, uppers, speed	03 🔘	04 🔵		Something else (please write it down)	11 O	12 🔘		
	Barbiturates, sedatives, downers, sleeping pills, seconal, quaaludes	05 🔾	06 🔾						
	Tranquilizers, valium, librium.	07 🔾	08 🔘						
	Cocaine, crack, snow	09 🔘	10 🔾						
	Heroin	11 🔾	12 🔾						
	Opiates other than heroin (codeine, demerol, morphine, methadone, darvon, opium)	13 🔘	14 🔘						
	Psychedelics, hallucinogens (LSD, mescaline, peyote, psilocybin, DMT, PCP)	15 🔘	16 🔘				1		
	Sniffed or inhaled glue, gasoline or other fumes	17 🔾	18 🔘		THANK YOU FOR ANSWERING QUESTIONS. IF YOU WISH YO	YAM UC			
	Something else (please write it down)	19 🔵	20 🔵		PUT THE COMPLETED FORM ENVELOPE PROVIDED BEFORE H IT BACK TO YOUR INTERVIEWER.	ANDING			
					L. D. C. TO TOOM MILETINE WER.				