



CONFIDENTIAL  
(when completed)

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# Ontario Child Health Follow Up Study Child Behaviour Checklist

(For ages 4 to 16)





**PART A:**

Below is a list of statements that describe some of the feelings and behaviour of children. For each statement, please mark the circle that best describes \_\_\_\_\_ now or within the past 6 months.

Please mark only one of the three circles for each statement. Mark your answers like this (X).

	Never or Not true	Sometimes or Somewhat true	Often or Very true		Never or Not true	Sometimes or Somewhat true	Often or Very true
1 Acts too young for his/her age <b>plyoung</b>	001 <input type="radio"/>	002 <input type="radio"/>	003 <input type="radio"/>	25 Easily jealous <b>pljelous</b>	073 <input type="radio"/>	074 <input type="radio"/>	075 <input type="radio"/>
2 Allergy <b>plallerg</b>	004 <input type="radio"/>	005 <input type="radio"/>	006 <input type="radio"/>	26 Eats or drinks things that are not food (eg: crayons, dirt, etc.) <b>pleatjun</b>	076 <input type="radio"/>	077 <input type="radio"/>	078 <input type="radio"/>
3 Argues a lot <b>plargues</b>	007 <input type="radio"/>	008 <input type="radio"/>	009 <input type="radio"/>	27 Fears certain animals, situations, or places other than school <b>plafrani</b>	079 <input type="radio"/>	080 <input type="radio"/>	081 <input type="radio"/>
4 Asthma <b>plasthma</b>	010 <input type="radio"/>	011 <input type="radio"/>	012 <input type="radio"/>	28 Fears going to school <b>plafrcs</b>	082 <input type="radio"/>	083 <input type="radio"/>	084 <input type="radio"/>
5 Bragging, boasting <b>plbrags</b>	013 <input type="radio"/>	014 <input type="radio"/>	015 <input type="radio"/>	29 Fears he/she might think or do something bad <b>plafrcbad</b>	085 <input type="radio"/>	086 <input type="radio"/>	087 <input type="radio"/>
6 Can't concentrate, can't pay attention for long <b>plpayatt</b>	016 <input type="radio"/>	017 <input type="radio"/>	018 <input type="radio"/>	30 Feels he/she has to be perfect <b>plperfe</b>	088 <input type="radio"/>	089 <input type="radio"/>	090 <input type="radio"/>
7 Can't get his/her mind off certain thoughts, obsessions <b>plmind</b>	019 <input type="radio"/>	020 <input type="radio"/>	021 <input type="radio"/>	31 Feels or complains that no one loves him/her <b>plnolove</b>	091 <input type="radio"/>	092 <input type="radio"/>	093 <input type="radio"/>
8 Can't sit still, restless or hyperactive <b>plstill</b>	022 <input type="radio"/>	023 <input type="radio"/>	024 <input type="radio"/>	32 Feels others are out to get him/her <b>plthget</b>	094 <input type="radio"/>	095 <input type="radio"/>	096 <input type="radio"/>
9 Clings to adults or too dependent <b>pladults</b>	025 <input type="radio"/>	026 <input type="radio"/>	027 <input type="radio"/>	33 Feels worthless or inferior <b>plinfer</b>	097 <input type="radio"/>	098 <input type="radio"/>	099 <input type="radio"/>
10 Complains of loneliness <b>pllonely</b>	028 <input type="radio"/>	029 <input type="radio"/>	030 <input type="radio"/>	34 Gets hurt a lot, accident-prone <b>plhurtlt</b>	100 <input type="radio"/>	101 <input type="radio"/>	102 <input type="radio"/>
11 Confused or seems to be in a fog <b>plfog</b>	031 <input type="radio"/>	032 <input type="radio"/>	033 <input type="radio"/>	35 Gets in many fights <b>plfights</b>	103 <input type="radio"/>	104 <input type="radio"/>	105 <input type="radio"/>
12 Cries a lot <b>plcries</b>	034 <input type="radio"/>	035 <input type="radio"/>	036 <input type="radio"/>	36 Gets teased a lot <b>plteased</b>	106 <input type="radio"/>	107 <input type="radio"/>	108 <input type="radio"/>
13 Cruel to animals <b>plmeana</b>	037 <input type="radio"/>	038 <input type="radio"/>	039 <input type="radio"/>	37 Hangs around with children who get in trouble <b>pltroubl</b>	109 <input type="radio"/>	110 <input type="radio"/>	111 <input type="radio"/>
14 Cruelty, bullying, or meanness to others <b>plmeano</b>	040 <input type="radio"/>	041 <input type="radio"/>	042 <input type="radio"/>	38 Hears things that aren't there <b>plhears</b>	112 <input type="radio"/>	113 <input type="radio"/>	114 <input type="radio"/>
15 Daydreams or gets lost in his/her thoughts <b>pldaydr</b>	043 <input type="radio"/>	044 <input type="radio"/>	045 <input type="radio"/>	39 Impulsive or acts without thinking <b>placts</b>	115 <input type="radio"/>	116 <input type="radio"/>	117 <input type="radio"/>
16 Deliberately harms self or attempts suicide <b>pldosuic</b>	046 <input type="radio"/>	047 <input type="radio"/>	048 <input type="radio"/>	40 Likes to be alone <b>plalone</b>	118 <input type="radio"/>	119 <input type="radio"/>	120 <input type="radio"/>
17 Demands a lot of attention <b>plloatt</b>	049 <input type="radio"/>	050 <input type="radio"/>	051 <input type="radio"/>	41 Lying or cheating <b>pllies</b>	121 <input type="radio"/>	122 <input type="radio"/>	123 <input type="radio"/>
18 Destroys his/her own things <b>pldeston</b>	052 <input type="radio"/>	053 <input type="radio"/>	054 <input type="radio"/>	42 Bites fingernails <b>plbitef</b>	124 <input type="radio"/>	125 <input type="radio"/>	126 <input type="radio"/>
19 Destroys things belonging to his/her family or other children <b>pldesto</b>	055 <input type="radio"/>	056 <input type="radio"/>	057 <input type="radio"/>	43 Nervous, highstrung, or tense <b>pltense</b>	127 <input type="radio"/>	128 <input type="radio"/>	129 <input type="radio"/>
20 Disobedient at home <b>pldispar</b>	058 <input type="radio"/>	059 <input type="radio"/>	060 <input type="radio"/>	44 Nervous movements or twitching <b>pltwitch</b>	130 <input type="radio"/>	131 <input type="radio"/>	132 <input type="radio"/>
21 Disobedient at school <b>pldissch</b>	061 <input type="radio"/>	062 <input type="radio"/>	063 <input type="radio"/>	45 Nightmares <b>plnmares</b>	133 <input type="radio"/>	134 <input type="radio"/>	135 <input type="radio"/>
22 Doesn't eat well <b>pleatwel</b>	064 <input type="radio"/>	065 <input type="radio"/>	066 <input type="radio"/>	46 Not liked by other children <b>plunlikd</b>	136 <input type="radio"/>	137 <input type="radio"/>	138 <input type="radio"/>
23 Doesn't get along with other children <b>plothkid</b>	067 <input type="radio"/>	068 <input type="radio"/>	069 <input type="radio"/>	47 Constipated, doesn't move bowels <b>plnodump</b>	139 <input type="radio"/>	140 <input type="radio"/>	141 <input type="radio"/>
24 Doesn't seem to feel guilty after misbehaving <b>plnogilt</b>	070 <input type="radio"/>	071 <input type="radio"/>	072 <input type="radio"/>	48 Too fearful or anxious <b>plfearfl</b>	142 <input type="radio"/>	143 <input type="radio"/>	144 <input type="radio"/>



		Never or Not true	Sometimes or somewhat true	Often or very true			Never or Not true	Sometimes or somewhat true	Often or very true		
<b>49</b>	Feels dizzy	<b>p1dizzy</b>	145	146	147	<b>65</b>	Secretive, keeps things to self	<b>p1secret</b>	223	224	225
<b>50</b>	Feels too guilty	<b>p1guilty</b>	148	149	150	<b>66</b>	Sees things that aren't there	<b>p1sees</b>	226	227	228
<b>51</b>	Overeating	<b>p1eatmch</b>	151	152	153	<b>67</b>	Self-conscious or easily embarrassed	<b>p1embar</b>	229	230	231
<b>52</b>	Overtired	<b>p1otired</b>	154	155	156	<b>68</b>	Sets fires	<b>p1setfir</b>	232	233	234
<b>53</b>	Overweight	<b>p1fat</b>	157	158	159	<b>69</b>	Shy or timid	<b>p1shy</b>	235	236	237
<b>54</b>	Physically attacks people	<b>p1physat</b>	160	161	162	<b>70</b>	Sleeps less than most children	<b>p1lsleep</b>	238	239	240
<b>55</b>	<b>Physical problems without known medical cause:</b>				<b>71</b>	Showing off or clowning	<b>p1clown</b>	241	242	243	
a.	Aches or pains	<b>p1prache</b>	163	164	165	<b>72</b>	Sleeps more than most children during day and/or night	<b>p1msleep</b>	244	245	246
b.	Headaches	<b>p1prhead</b>	166	167	168	<b>73</b>	Speech problem	<b>p1speech</b>	247	248	249
c.	Nausea, feels sick	<b>p1prnaus</b>	169	170	171	<b>74</b>	Stares blankly	<b>p1stares</b>	250	251	252
d.	Problems with eyes	<b>p1preyes</b>	172	173	174	<b>75</b>	Steals at home	<b>p1stealh</b>	253	254	255
e.	Rashes or other skin problems	<b>p1prrash</b>	175	176	177	<b>76</b>	Steals outside the home	<b>p1stealo</b>	256	257	258
f.	Stomachaches or cramps	<b>p1prstom</b>	178	179	180	<b>77</b>	Stores up things he/she doesn't need	<b>p1pakrat</b>	259	260	261
g.	Vomiting, throwing up	<b>p1prpuke</b>	181	182	183	<b>78</b>	Strange behaviour	<b>p1dostr</b>	262	263	264
h.	Difficulty swallowing	<b>p1prswal</b>	184	185	186	<b>79</b>	Strange ideas	<b>p1thstr</b>	265	266	267
i.	Fainting or loss of consciousness	<b>p1prfain</b>	187	188	189	<b>80</b>	Stubborn, sullen, or irritable	<b>p1stubrn</b>	268	269	270
j.	Paralysis or muscle weakness	<b>p1prpar</b>	190	191	192	<b>81</b>	Sudden changes in mood or feelings	<b>p1moody</b>	271	272	273
k.	Heart palpitations	<b>p1prhart</b>	193	194	195	<b>82</b>	Sulks a lot	<b>p1sulks</b>	274	275	276
<b>56</b>	Picks nose, skin, or other parts of body	<b>p1picksk</b>	196	197	198	<b>83</b>	Suspicious	<b>p1suspec</b>	277	278	279
<b>57</b>	Poor school work	<b>p1prsch</b>	199	200	201	<b>84</b>	Swearing or obscene language	<b>p1swear</b>	280	281	282
<b>58</b>	Poorly coordinated or clumsy	<b>p1clumsy</b>	202	203	204	<b>85</b>	Talks about killing self	<b>p1thsuic</b>	283	284	285
<b>59</b>	Prefers playing with older children	<b>p1oldk</b>	205	206	207	<b>86</b>	Talks or walks in sleep	<b>p1twslp</b>	286	287	288
<b>60</b>	Prefers playing with younger children	<b>p1youngk</b>	208	209	210	<b>87</b>	Talks too much	<b>p1talklt</b>	289	290	291
<b>61</b>	Refuses to talk	<b>p1notalk</b>	211	212	213	<b>88</b>	Teases a lot	<b>p1tease</b>	292	293	294
<b>62</b>	Repeats certain acts over and over; compulsions	<b>p1repeat</b>	214	215	216	<b>89</b>	Temper tantrums or hot temper	<b>p1temper</b>	295	296	297
<b>63</b>	Runs away from home	<b>p1runway</b>	217	218	219	<b>90</b>	Threatens people	<b>p1hurto</b>	298	299	300
<b>64</b>	Screams a lot	<b>p1scream</b>	220	221	222	<b>91</b>	Thumb-sucking	<b>p1thusuk</b>	301	302	303



	Never or Not true	Sometimes or Somewhat true	Often or Very true		Never or Not true	Sometimes or Somewhat true	Often or Very true
<b>92</b> Too concerned with neatness or cleanliness ..... <b>p1neat</b>	304 <input type="radio"/>	305 <input type="radio"/>	306 <input type="radio"/>	<b>110</b> Distractable, has trouble sticking to any activity ..... <b>p1dstrac</b>	358 <input type="radio"/>	359 <input type="radio"/>	360 <input type="radio"/>
<b>93</b> Trouble sleeping ..... <b>p1nsleep</b>	307 <input type="radio"/>	308 <input type="radio"/>	309 <input type="radio"/>	<b>111</b> Poor appetite, not hungry ..... <b>p1nappet</b>	361 <input type="radio"/>	362 <input type="radio"/>	363 <input type="radio"/>
<b>94</b> Truancy, skips school ..... <b>p1skipsch</b>	310 <input type="radio"/>	311 <input type="radio"/>	312 <input type="radio"/>	<b>112</b> Feels his/her health should be better ... <b>p1helbet</b>	364 <input type="radio"/>	365 <input type="radio"/>	366 <input type="radio"/>
<b>95</b> Underactive, slow moving, or lacks energy ..... <b>p1nenerg</b>	313 <input type="radio"/>	314 <input type="radio"/>	315 <input type="radio"/>	<b>113</b> Has tics or moves eyes, face or head without wanting to ..... <b>p1tic</b>	367 <input type="radio"/>	368 <input type="radio"/>	369 <input type="radio"/>
<b>96</b> Unhappy, sad or depressed <b>p1sad</b>	316 <input type="radio"/>	317 <input type="radio"/>	318 <input type="radio"/>	<b>114</b> Clears throat, grunts or makes other unusual noises without wanting to ..... <b>p1noise</b>	370 <input type="radio"/>	371 <input type="radio"/>	372 <input type="radio"/>
<b>97</b> Uses alcohol or drugs ..... <b>p1aldrug</b>	319 <input type="radio"/>	320 <input type="radio"/>	321 <input type="radio"/>	<b>115</b> Touches objects or self repeatedly without wanting to ..... <b>p1tchsel</b>	373 <input type="radio"/>	374 <input type="radio"/>	375 <input type="radio"/>
<b>98</b> Unusually loud ..... <b>p1loud</b>	322 <input type="radio"/>	323 <input type="radio"/>	324 <input type="radio"/>	<b>116</b> Has tics, moves shoulders, neck, arms or hands without wanting to <b>p1ticbod</b>	376 <input type="radio"/>	377 <input type="radio"/>	378 <input type="radio"/>
<b>99</b> Vandalism ..... <b>p1damsch</b>	325 <input type="radio"/>	326 <input type="radio"/>	327 <input type="radio"/>	<b>117</b> Doesn't seem to listen ..... <b>p1listen</b>	379 <input type="radio"/>	380 <input type="radio"/>	381 <input type="radio"/>
<b>100</b> Wets self during the day ..... <b>p1wetday</b>	328 <input type="radio"/>	329 <input type="radio"/>	330 <input type="radio"/>	<b>118</b> Jumps from one activity to another ... <b>p1jumpac</b>	382 <input type="radio"/>	383 <input type="radio"/>	384 <input type="radio"/>
<b>101</b> Wets the bed ..... <b>p1wetbed</b>	331 <input type="radio"/>	332 <input type="radio"/>	333 <input type="radio"/>	<b>119</b> Overly concerned about the correctness of past behavior <b>p1worpas</b>	385 <input type="radio"/>	386 <input type="radio"/>	387 <input type="radio"/>
<b>102</b> Whining ..... <b>p1whine</b>	334 <input type="radio"/>	335 <input type="radio"/>	336 <input type="radio"/>	<b>120</b> Worries about being separated from loved ones ..... <b>p1separ</b>	388 <input type="radio"/>	389 <input type="radio"/>	390 <input type="radio"/>
<b>103</b> Withdrawn, doesn't get involved with others ..... <b>p1noinv</b>	337 <input type="radio"/>	338 <input type="radio"/>	339 <input type="radio"/>	Worries that something bad will happen to people he/she is close to ..... <b>p1badcls</b>	391 <input type="radio"/>	392 <input type="radio"/>	393 <input type="radio"/>
<b>104</b> Worrying ..... <b>p1worlot</b>	340 <input type="radio"/>	341 <input type="radio"/>	342 <input type="radio"/>	<b>121</b> Cranky ..... <b>p1cranky</b>	394 <input type="radio"/>	395 <input type="radio"/>	396 <input type="radio"/>
<b>105</b> Overly upset when leaving someone he/she is close to ..... <b>p1upslv</b>	343 <input type="radio"/>	344 <input type="radio"/>	345 <input type="radio"/>	<b>122</b> Has trouble enjoying self <b>p1noenjm</b>	397 <input type="radio"/>	398 <input type="radio"/>	399 <input type="radio"/>
<b>106</b> Overly upset while away from someone he/she is close to <b>p1upsawv</b>	346 <input type="radio"/>	347 <input type="radio"/>	348 <input type="radio"/>	<b>123</b> Worries a lot about health <b>p1worhel</b>	400 <input type="radio"/>	401 <input type="radio"/>	402 <input type="radio"/>
<b>107</b> Sees self as more unwell or sickly than really is ..... <b>p1sicklv</b>	349 <input type="radio"/>	350 <input type="radio"/>	351 <input type="radio"/>	<b>124</b> Has difficulty awaiting turn in games or groups ..... <b>p1waitur</b>	403 <input type="radio"/>	404 <input type="radio"/>	405 <input type="radio"/>
<b>108</b> Worries that terrible things might happen ..... <b>p1worhap</b>	352 <input type="radio"/>	353 <input type="radio"/>	354 <input type="radio"/>	<b>125</b> Worries about doing the wrong thing .. <b>p1dwrong</b>	406 <input type="radio"/>	407 <input type="radio"/>	408 <input type="radio"/>
<b>109</b> Not as happy as other children ..... <b>p1nhappy</b>	355 <input type="radio"/>	356 <input type="radio"/>	357 <input type="radio"/>	<b>126</b> Cannot keep friends ..... <b>p1kpfren</b>	409 <input type="radio"/>	410 <input type="radio"/>	411 <input type="radio"/>
				<b>127</b> Fidgets ..... <b>p1fidget</b>	412 <input type="radio"/>	413 <input type="radio"/>	414 <input type="radio"/>

PLEASE BE SURE YOU HAVE MARKED ONE CIRCLE FOR EACH STATEMENT



**PART B:**

The following questions ask about your child's friendships and social activities. For each question, please mark the answer you think comes closest. Mark your answers like this (X) .

415. About how many days a week does he/she do things with friends?

- 1 ☐ Never  
 2 ☐ 1 day a week  
 3 ☐ 2 - 3 days a week  
 4 ☐ 4 - 5 days a week  
 5 ☐ 6 - 7 days a week

**p1dofrds**

419. During the past 6 months, how well has he/she gotten along with the family?

- 1 ☐ Very well, no problems  
 2 ☐ Quite well, hardly any problems  
 3 ☐ Pretty well, occasional problems  
 4 ☐ Not too well, frequent problems  
 5 ☐ Not well at all, constant problems

**p1getalf**

416. About how many **close** friends does he/she have?

- 1 ☐ None  
 2 ☐ 1  
 3 ☐ 2 or 3  
 4 ☐ 4 or 5  
 5 ☐ 6 or more

**p1clsfrd**

420. Since last September do you think that he/she has had any emotional or behavioral problems?

- 1 ☐ Yes  
 2 ☐ No → Go to 426

**p1emopr**

421. During that time did he/she tend to have more emotional or behavioral problems than other girls or boys of the same age?

- 1 ☐ Yes  
 2 ☐ No

**p1morprb**

417. During the past 6 months, how well has he/she gotten along with other kids such as friends or classmates?

- 1 ☐ Very well, no problems  
 2 ☐ Quite well, hardly any problems  
 3 ☐ Pretty well, occasional problems  
 4 ☐ Not too well, frequent problems  
 5 ☐ Not well at all, constant problems

**p1getalk**

422. Do you think that he/she needs or needed any professional help with these problems?

- 1 ☐ Yes  
 2 ☐ No

**p1prohlp**

418. During the past 6 months, how well has he/she gotten along with his/her teacher(s) at school?

- 1 ☐ Very well, no problems  
 2 ☐ Quite well, hardly any problems  
 3 ☐ Pretty well, occasional problems  
 4 ☐ Not too well, frequent problems  
 5 ☐ Not well at all, constant problems  
 6 ☐ Not in school

**p1getalt**

423. Did he/she receive any professional help with these problems?

- 1 ☐ Yes → Go to 426  
 2 ☐ No

**p1gothlp**

424. Is professional help available where you live?

- 1 ☐ Yes  
 2 ☐ No  
 3 ☐ Don't know

**p1avhlp**



425. What is the main reason he/she did not receive professional help with these problems?  
(Choose one from below)

- 1 ☐ He/she refuses to go for help
- 2 ☐ His/her problems not severe enough
- 3 ☐ My spouse or partner opposes child going for help
- 4 ☐ Help wouldn't do any good **p1whynot**
- 5 ☐ Previous help not useful
- 6 ☐ Help too far away
- 7 ☐ Transportation is a problem
- 8 ☐ Some other reason (Please write it down)
- \_\_\_\_\_
- \_\_\_\_\_

426. How well does he/she do in sports compared to other kids his/her age?

- 1 ☐ Way below average
- 2 ☐ Below average
- 3 ☐ Average **p1dospor**
- 4 ☐ Above average
- 5 ☐ Way above average

427. Outside of regular physical education classes, did he/she take part in any sports during the past year which involved adult coaching or instruction?

- 1 ☐ Yes
- 2 ☐ No **p1cchsp**

How many such sports did he/she take part in?

**p1numsp**

428. For activities such as music, dance, art and individual hobbies, how well does he/she do compared to other kids his/her age?

- 1 ☐ Way below average
- 2 ☐ Below average
- 3 ☐ Average **p1doarts**
- 4 ☐ Above average
- 5 ☐ Way above average

429. Outside of regular classes in school, did he/she take any lessons or instruction during the past year in music, dance, art, or other non-sport activities?

- 1 ☐ Yes
- 2 ☐ No **p1cchart**

How many such activities did he/she take lessons or instruction in?

**p1numart**

430. During the past year has he/she belonged to any clubs or groups with adult leadership such as cubs, scouts, brownies, a church group or community programs?

- 1 ☐ Yes
- 2 ☐ No **p1clubs**

How many such clubs or groups did he/she belong to?

**p1numclb**

THANK YOU FOR ANSWERING THESE QUESTIONS. IF YOU WISH, YOU MAY PUT THE COMPLETED FORM IN THE ENVELOPE PROVIDED BEFORE HANDING IT BACK TO YOUR INTERVIEWER.