

CONFIDENTIAL (when completed)

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Ontario Child Health Study Child Behaviour Checklist

(For ages 4 to 16)



PARI A:	
Below is a list of statements that describe some of the feelings and behaviour	r of children. For each statement,
please mark the circle that best describes	now or within the past

	Never or Not true	Sometimes or Somewhat true	Often or Very true		Never or Not true	Sometimes or Somewhat true	Often or Very true
Acts too young for his/her age	001 🔾	002 🔾	003 🔾	Eats or drinks things that are not food (eg: crayons, dirt, etc.)	076	077 🔾	078 🔾
Allergy	004 🔾	005 🔾	006 🔾				
Argues a lot	007 🔾	008	009	Fears certain animals, situations, or places other than school.	079 🔾	080	081 🔾
Asthma	010 🔾	011 🔾	012 🔾	Fears going to school	082 🔾	083	084 🔾
Bragging, boasting	013 🔾	014 🔾	015 🔾	Fears he/she might think or do something bad	085 🔾	086	087
Can't concentrate, can't pay attention for long	016 🔾	017 🔾	018 🔾	Feels he/she has to be perfect	088	089	090 🔾
Can't get his/her mind off certain thoughts, obsessions	019 🔾	020 🔾	021 🔾	Feels or complains that no one loves him/her	091 🔾	092	093 🔾
Can't sit still, restless or hyperactive	022 🔾	023 🔾	024 🔾	Feels others are out to get him/her	094 🔾	095 🔾	096 🔾
Clings to adults or too dependent .	025 🔾	026 🔾	027 🔾	Feels worthless or inferior	097 🔾	098	099 🔾
Complains of loneliness	028 🔾	029 🔾	030 🔾	Gets hurt a lot, accident-prone	100 🔾	101 🔾	102 🔾
Confused or seems to be in a fog .	031 🔾	032 🔾	033 🔾	Gets in many fights	103 🔾	104 🔾	105 🔾
Cries a lot	034 🔾	035 🔾	036 🔾			11211	
Cruel to animals	037 🔾	038 🔾	039 🔾	Gets teased a lot	106 🔾	107 🔾	108 🔾
Cruelty, bullying, or meaness to others	040 🔾	041 🔾	042 🔾	Hangs around with children who get in trouble	109 🔾	110 🔾	111 0
Daydreams or gets lost in his/her thoughts	043 🔾	044 🔾	045 🔾	Hears things that aren't there	112 🔾	113 🔾	114 🔾
Deliberately harms self or attempts				Impulsive or acts without thinking .	115 🔾	116 🔾	117 🔾
suicide	046 🔾	047 🔾	048	Likes to be alone	118 🔾	119 🔾	120 🔾
Demands a lot of attention	049 🔾	050 🔾	051 🔾	Lying or cheating	121 🔾	122 🔾	123 🔾
Destroys his/her own things	052 🔾	053 🔾	054 🔾	Bites fingernails	124 🔾	125 🔾	126 🔾
				Nervous, highstrung, or tense	127 🔾	128 🔾	129 🔾
Destroys things belonging to his/her family or other children	055 🔾	056 🔾	057 🔾	Nervous movements or twitching	130 🔾	131 🔾	132 🔾
Disobedient at home	058 🔾	059 🔾	060 🔾	Nightmares	133 🔾	134 🔾	135 🔾
Disobedient at school	061 🔾	062 🔾	063 🔾	Not liked by other abild-	477 O		
Doesn't eat well	064 🔾	065 🔾	066 🔾	Not liked by other children	136	137 🔾	138 🔾
Doesn't get along with other children	067 🔾	068 🔾	069 🔾	Constipated, doesn't move bowels.	139 🔾	140 🔾	141 0
Doesn't seem to feel guilty after	070 🔾	071 🔾	072 🔾	Too fearful or anxious	142 🔾	143 🔾	144 🔾
misbehaving		Table 1		Feels dizzy	145 🔾	146 🔾	147 🔾
Easily jealous	073	074 🔾	075	Feels too guilty	148	149 🔾	150 🔾

	Never or Not true	Sometimes or Somewhat true	Often or Very true		Never or Not true	Sometimes or Somewhat true	Often or Very true
Overeating	151 🔾	152 🔾	153 🔾	Sees things that aren't there	217 🔾	218 🔾	219 🔾
Overtired	154 🔾	155 🔾	156 🔾	Self-conscious or easily embarrassed	220 🔾	221 🔾	222 🔾
Overweight	157 🔾	158 🔾	159 🔾	Sets fires	223 🔾	224 🔾	225 🔾
Physically attacks people	160 🔾	161	162 🔾	Shy or timid	226 🔾	227 🔾	228 🔾
Physical problems without known medical cause:							
a. Aches or pains	163 🔾	164 🔾	165 🔾	Sleeps less than most children	229 🔾	230 🔾	231
b. Headaches	166	167 🔾	168	Showing off or clowning	232 🔾	233 🔾	234 🔾
c. Nausea, feels sick	169 🔾	170 🔾	171 🔾	Sleeps more than most children during day and/or night	235 🔾	236 🔾	237 🔾
d. Problems with eyes	172 🔾	173 🔾	174 🔾	Speech problem	238 🔾	239	240 🔾
e. Rashes or other skin problems	175 🔾	176 🔾	177 🔾	Stares blankly	241	242	243 🔾
f. Stomachaches or cramps	178 🔾	179 🔾	180 🔾	Steals at home	241 🔾	245 🔾	246
g. Vomiting, throwing up	181	182 🔾	183 🔾	Steals at nome	244	245	
h. Other	184 🔾	185 🔾	186	Steals outside the home	247 🔾	248	249 🔾
(describe)				Stores up things he/she doesn't need	250 🔾	251 🔾	252 🔾
				Strange behaviour	253 🔾	254 🔾	255 🔾
				Strange ideas	256 🔾	257 🔾	258
				Stubborn, sullen, or irritable	259 🔾	260 🔾	261
Picks nose, skin, or other parts of body	187 🔾	188	189				
Poor school work	190 🔾	191	192 🔾	Sudden changes in mood or feelings	262 🔾	263 🔾	264 🔾
				Sulks a lot	265 🔾	266 🔾	267 🔾
Poorly coordinated or clumsy	193 🔾	194 🔾	195 🔾	Suspicious	268	269 🔾	270 🔾
Prefers playing with older children .	196 🔾	197 🔾	198 🔾	Swearing or obscene language	271 🔾	272 🔾	273 🔾
Prefers playing with younger children	199 🔾	200 🔾	201 🔾	Talks about killing self	274 🔾	275 🔾	276
Polygon to talk	202 🔾	203 🔾	204 🔾	Talks or walks in sleep	277 🔾	278 🔾	279 🔾
Refuses to talk				Talks too much	280 🔾	281	282
compulsions	205 🔾	206 🔾	207 🔾	Teases a lot	283	284	285
Runs away from home	208	209	210 🔾	reases a lut	263	204	203
Screams a lot	211 🔾	212 🔾	213 🔾	Temper tantrums or hot temper	286 🔾	287 🔾	288 🔾
Secretive, keeps things to self	214 🔾	215 🔾	216 🔾	Threatens people	289 🔾	290 🔾	291 🔾
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	Never or Not true	Sometimes or Somewhat true	Often or Very true		Never or Not true	Sometimes or Somewhat true	Often or Very true
Thumb-sucking	292 🔾	293 🔾	294 🔾	Without physical cause suddenly loses:			
Too concerned with neatness or cleanliness	295 🔾	296 🔾	297 🔾	a. sight	358 🔾	359 🔾	360 🔾
Trouble sleeping	298 🔾	299 🔾	300 🔘	b. ability to move arms or legs	361	362 🔾	363 🔘
Truancy, skips school	301 🔾	302 🔾	303 🔾	c. hearing	364	365	366 🔾
Underactive, slow moving, or lacks energy	304 🔾	305 🔾	306 🔾	d. voice	367	368	369
Unhappy, sad or depressed	307 🔾	308 🔾	309	e. ability to swallow	370 🔾	371	372 🔾
Uses alcohol or drugs	310 🔾	311 🔾	312 🔾	f. consciousness	373 🔾	374 🔾	375 🔾
Unusually loud	313 🔾	314 🔾	315 🔾	g. feeling on skin	376	377 🔾	378 🔾
Vandalism	316 🔾	317 🔾	318 🔾	h. other	379 🔾	380 🔾	381
Wets the bed	322 🔾	323 🔾	324 🔘	(describe)			
Whining	325 🔾	326	327	(describe)			
Withdrawn, doesn't get involved with others	328	329 🔾	330 🔾				
Worrying	331 🔾	332 🔾	333 🔾				
Overly upset when leaving someone he/she is close to	334 🔾	335 🔾	336 🔾	Worries that something bad will hap-			
Overly upset while away from someone he/she is close to	337 🔾	338 🔾	339	pen to people he/she is close to	382	383	384 🔾
				Cranky	385	386	387 🔾
Sees self as more unwell or sickly than really is	340 🔾	341 🔾	342 🔾	Has trouble enjoying self	388	389	390 🔾
Worries that terrible things might happen	343 🔾	344 🔾	345 🔾	Worries a lot about health	391 🔾	392 🔾	393 🔾
Not as happy as other children	346 🔾	347 🔾	348 🔾	Has difficulty awaiting turn in games	es : O	000	ars ()
Distractable, has trouble sticking to any activity.	349 🔾	350 🔾	351	or groups Worries about doing the wrong thing	394 🔾	395 🔾	396 🔾
Poor appetite, not hungry	352	353	354 🔾	Cannot keep friends	400 🔾	401 🔾	402 🔾
Feels his/her health should be better	355 🔾	356 🔾	357 🔾	Fidgets	403 🔾	404 🔾	405 🔾

	PART B:	
		ships and social activities. For each question, please mark
	the answer you think comes closest. Mark your ar	iswers like this \otimes .
	About how many days a week does he/she do things with friends? 1 Never 2 1 day a week 3 2-3 days a week 4 4-5 days a week 5 6-7 days a week	06. How well does he/she do in sports compared to other kids his/her age? 1 Way below average 2 Below average 3 Average 4 Above average 5 Way above average
02.	About how many close friends does he/she have? 1 None 2 1 3 2 or 3 4 4 or 5 5 6 or more	07. Outside of regular physical education classes, did he/she take part in any sports during the past year which involved adult coaching or instruction? 1 Yes How many such sports did he/she take part in?
03.	During the past 6 months, how well has he/she gotten along with other kids such as friends or classmates? 1 Very well, no problems 2 Quite well, hardly any problems 3 Pretty well, occasional problems 4 Not too well, frequent problems 5 Not well at all, constant problems	08. For activities such as music, dance, art and individual hobbies, how well does he/she do compared to other kids his/her age? 1 Way below average 2 Below average 3 Average 4 Above average 5 Way above average
04.	During the past 6 months, how well has he/she gotten along with his/her teacher(s) at school? 1 Very well, no problems 2 Quite well, hardly any problems 3 Pretty well, occasional problems 4 Not too well, frequent problems 5 Not well at all, constant problems 6 Not in school	O9. Outside of regular classes in school, did he/she take any lessons or instruction during the past year in music, dance, art, or other non-sport activities? How many such activities did he/she take lessons or instruction in? 10. During the past year has he/she belonged to any clubs or groups with adult leadership such as cubs, scouts, brownies, a church group or
05.	During the past 6 months, how well has he/she gotten along with the family? 1 Very well, no problems 2 Quite well, hardly any problems 3 Pretty well, occasional problems 4 Not too well, frequent problems 5 Not well at all, constant problems	THANK YOU FOR ANSWERING THESE QUESTIONS. IF YOU WISH, YOU MAY PUT THE COMPLETED FORM IN THE ENVELOPE PROVIDED BEFORE HANDING IT BACK TO YOUR INTERVIEWER.